



MANAGEMENT & LEADERSHIP

EACH SESSION WILL DELIVER REAL-WORLD IMPACT ENSURING
YOU & YOUR TEAM WALK AWAY WITH PRACTICAL, ACTIONABLE
TOOLS.

This course is for individuals who currently manage people and are responsible for delivering results through others. This programme provides the practical skills and leadership mindset required to build high-performing teams.

RUNNING EFFECTIVE MEETINGS

Learn how to structure, lead, and facilitate meetings that create clarity, accountability, and action. They will develop the confidence to manage discussions effectively, engage participants, and ensure every meeting delivers meaningful outcomes rather than becoming another diary commitment.

TIME MANAGEMENT & DELEGATION

This session helps participants prioritise effectively, manage competing demands, and delegate with confidence. They will learn how to focus their time on high-value activities while empowering others to take greater responsibility and ownership.

PERFORMANCE REVIEWS

Learn how to conduct meaningful reviews that provide clarity, recognition, coaching, and accountability. They will develop the confidence to have honest conversations that strengthen performance while maintaining positive working relationships.

POSITION, METRICS & PERFORMANCE



Explore the importance of clearly defined roles, measurable objectives, and meaningful performance indicators. Participants will learn how to align individual contribution with organisational goals, creating greater accountability, focus, and consistency across their teams.

SELF-AWARENESS IN LEADERSHIP

Explore your own leadership style, behaviours, strengths, and blind spots, gaining valuable insight into how they are perceived by their team. Through greater self-awareness, you will become more intentional, authentic, and effective in your leadership approach.

BUILDING TRUST WITH PEOPLE

This session explores the behaviours that create trust and the actions that damage it. Participants will learn how to build credibility, strengthen relationships, and create an environment where people feel valued, supported, and willing to perform at their best.

MOTIVATION & OWNERSHIP

Learn how to increase engagement, encourage accountability, and develop a culture where individuals take ownership of their responsibilities, results, and personal development.

UNDERSTANDING TEAM DYNAMICS

Explore the importance of clearly defined roles, measurable objectives, and meaningful performance indicators. Participants will learn how to align individual contribution with organisational goals, creating greater accountability, focus, and consistency across their teams.

COMMUNICATION MASTERY

Develop the ability to communicate with clarity, confidence, and influence across a variety of situations. Participants will learn how to adapt their communication style, handle difficult conversations, provide constructive feedback, and ensure their message is understood and acted upon.

By the end of the Management & Leadership programme, participants will be better equipped to lead with confidence, communicate with impact, build trust, develop their people, and create a culture of accountability and high performance. They will leave with practical tools, proven leadership principles, and the confidence to lead teams that consistently deliver results.



GET IN TOUCH

Our programmes are run over 6 months, twelve 90 minute sessions with time to implement in between. Training in person and recorded so if you can't attend, you get the session to review.

£1000 pp for the first person, £500 for everyone after that.



**REGISTER YOUR INTEREST
TODAY TO AVOID
DISAPPOINTMENT
THESE TRAINING
PROGRAMMES
WILL SELL OUT**